



Principal *Letter*

Our weekly letter - bringing you the Academies current week's news, as well as helpful information and reminders for future events.

This letter is available in different languages upon request.

Dear Parents, Carers and Students...

I hope you had a good week – it's been another busy one here at CoPA.

Children's Mental Health Week

To celebrate 'Children's Mental Health Week' we held our first ever Wellbeing Fair! Our dedicated Mental Health providers were on hand ready to share valuable resources, techniques, and activities that promote mental well-being. It proved to be a very informative event that enabled both Staff and Students to connect with our most used Wellbeing providers. Students embraced the opportunity to learn about their own wellbeing, how to support those around them and how to access support for themselves. Our very own Mental Health Ambassador's also manned a stall to raise awareness and share information about the fantastic peer mentoring programme we offer at CoPA.

Staff received advice on how to support young people and talk about mental health. Research shows that children are more likely to reach out to a teacher for help with their mental health than to any other person, including friends or family so it's important that staff are also equipped with the knowledge of what support is available.

Young people of today have many difficulties to navigate so by fostering an environment where children feel safe to express their feelings, we can teach them how to manage their emotions effectively and build resilience. It's okay to seek help and knowing where to go can make a significant difference.





Vaping Information Workshop

We were delighted to welcome Healthy You from the NHS to speak to several of our students with regards to the health risks surrounding vapes and smoking in general. We hope the sessions were informative to our students. Should you wish further information yourself please follow the link below for guidance to parents.

[TNC Dangers Vaping Guide](#)

Parent/ Carer Open Morning Tours

We once again opened our doors to parents of all COPA students, as well as prospective parents from our feeder primary schools today. Visitors were welcomed by Mrs Foulkes Arnold and students from a variety of year groups ready to take them around the building and answer any questions they had. I was then on hand to answer questions about the school and about the improvement we have made as a community. Thank you to everyone that has joined us this half term. We plan to conduct tours again in March.

Students of the Week

Our Students of the Week for this week are:

English	Miss F-S (Year 11)
Maths	Student M (Year 7)
Humanities	Bentley Rooney-Moore (Year 8)
Science	Student A (Year 10)
Performance	Jakub Kierzkowski
Spanish	Archie Ellington (Year 11)

EAL	Student C (Year 9)
Year 7	Jack W
Year 8	Soraia Furtado Soares
Year 9	Student M
Year 10	Audrius
Year 11	Student J



Congratulations to them all!

If not done so already, please can I ask that you take a moment to complete our ['Permission to Publish Student Details Form'](#), whereby you can opt in or out of certain student details being published within newsletters (such as the above table). We'd love to share your child's success! Thank you to those that already completed this. Please note that if your child is 13 years old or older they can grant permission themselves as per government guidelines.

Change of Management Information System (MIS)

As an Academy, over half term we are changing our management Information System (MIS) from SIMs to Arbor. Arbor is a simple, smart and cloud-based MIS, which will help us work faster, smarter and more collaboratively as a school. There is Parent App and Parent Portal which mean we can keep you informed about your child's life at school in a much more accessible way. We will share details of how to log into this system nearer Easter.



Year 11 PPE's

Year 11 are set to undertake their final set of PPEs prior to this summer's final GCSE examinations. Students have been prepared fully from teachers in school to ensure they make sufficient progress since the Autumn PPE's. In addition, they are expected to be undertaking revision at home.

I conducted an assembly for all students in Year 11 on Tuesday to outline the importance of the exams as part of the last step to prepare them for the summer. I highlighted the importance of attending school every day in the last 45 days until the written exams start on 9th May.

Many students are now attending interviews at a variety of Peterborough 6th Forms. We wish them all the best with these and are offering continued support for any students or family who requires it.

Breakfast and pre-exam advice will be available daily for Year 11 students from 8am every morning during the exam period

The timetable for the exams is shown below:

Monday 10 Feb	Tuesday 11 Feb	Wednesday 12 Feb	Thursday 13 Feb	Friday 14 Feb
8:50-10:35 English Language 1h45m	8:50-10:20 Maths paper 1 1h30m	8.50 – 10:05/10:35 Combined/Separate Science Biology 1h15m/1h45m	8.50 – 10:35 English Literature 1h45m	8:50 -10:05/10:35 Combined/Separate Science Chemistry 1h15m/1h45m
13.30 – 14.50 History paper 1 1hr 20m	13:30 – 15:10/15:35 Spanish Listening and Reading FL35m/ FR1h05m HL45m/HR1h20m	13:30 – 14:45/15:15 Sociology paper 1 1h45m Child Development 1h15m	13.30 – 15:20 History paper 2 1hm50m	13.30 – 15:00 Geography paper 1 1h30m
Monday 24 Feb	Tuesday 25 Feb	Wednesday 26 Feb	Thursday 27 Feb	Friday 28 Feb
8:50-10:20 Maths paper 2 1h30m	8:50-10:05/10:35 Combined/Separate Science Physics 1h15m/1h45m	8.50- 10:20 Maths paper 3 1h30m	8:50- 10:05/10:20 Geography paper 3 1h30m X3 Sports Studies 1h15m	8:50-10:05/10:20 A10 - Music 1h30m Sports Hall Dance 1h30m Health & Social Care 1h15m Catch-ups
13.30 - 15:00 Geography paper 2 1h30m	13.30 -14:35/14:50 Spanish writing F1h05m/H1h20m	13:30 – 15:00 History paper 3 1h30m	13:30 – 14:45/15:15 Sociology paper 2 1h45m Sports Studies 1h15m	13:30 – 15:00 Catch-ups
Monday 3 Mch	Tuesday 4 Mch	Wednesday 5 Mch	Thursday 6 Mch	Friday 7 Mch
Spanish speaking	Normal lessons	Spanish speaking	Spanish speaking	Normal lessons

Key Academy Dates



10 – 14 January
10 – 14 January
17 – 21 February
Monday 24 February
24 – 28 February
Friday 28 February
Monday 3 March
3 – 6 March
3 – 6 March
17 – 20 March
Monday 17 March
Monday 17 March
Tuesday 18 March
Thursday 20 March
7 – 21 April

National Apprenticeship Week
Year 11 PPEs: Week 1
Half Term
All students back to school
Year 11 PPEs: Week 2
Year 8 HPV Vaccinations
Bookings open for Year 11 Parents Eve
Spanish Speaking & Food Exams
Enterprise Workshops
Year 7 & 9 Shakespeare in Action
Year 11 Study Skills Workshop
Year 11 PPE Results/ Parents Evening
Year 10 ARU Campus Visit
ARU Celebrations
Easter Holidays

And finally...

Have a good weekend.

Yours faithfully

Mrs N Treacy
Principal

